

DANCE in KEY STAGE 1 – development of skills linked to the core assessment tasks

National Curriculum Statements of Attainment	Core Assessment Tasks:
Pupils should: <ul style="list-style-type: none"> develop fundamental movement skills become increasingly competent and confident in extending their agility, balance and co-ordination, individually and with others in increasingly challenging situations perform dances using simple movement patterns 	Level 1 – Cat Dance, Moving Along

4-7 yrs	Year 1	Year 2
Compose	<ul style="list-style-type: none"> Respond appropriately to a variety of stimuli through movement Move with appropriate actions and timing in response to a stimuli Develop control of movement using: <ul style="list-style-type: none"> Actions (WHAT) – travel Space (WHERE) – forwards, backwards, sideways, high, low, beginning to show an awareness of others Relationships (WHO) – on own and with a partner by teaching each other 2 movements to create a dance with up to 4 actions Dynamics (HOW) – slowly, quickly. <ul style="list-style-type: none"> Use own ideas to sequence dance Sequence and remember a short dance 	<ul style="list-style-type: none"> Recap previous learning Respond appropriately to a variety of stimuli through movement Move with appropriate actions and timing in response to a stimuli Develop control of movement using: <ul style="list-style-type: none"> Actions (WHAT) – travel, stretch, twist, turn, jump Space (WHERE) – forwards, backwards, sideways, high, low, safely showing an awareness of others Relationships (WHO) – on own, with a partner or in threes, by teaching each other 2 movements to create a dance with 4 actions Dynamics (HOW) – slowly, quickly, with appropriate expression <ul style="list-style-type: none"> Use own ideas to sequence dance Sequence and remember a short dance Show the spatial awareness to make the transition from whole group/solo dance to duet and back to whole group/solo
Perform	<ul style="list-style-type: none"> Begin to move spontaneously showing some control and co-ordination Begin to move with confidence when e.g. walking, hopping, jumping, landing Begin to move with rhythm in the above actions Begin to demonstrate good balance, which comes from an increasing awareness, control and strength in the core when bending and stretching Begin to move in time with music Begin to co-ordinate arm and leg actions e.g. march and clap Begin to interact with a partner e.g. holding hands, swapping places, meeting and parting 	<ul style="list-style-type: none"> Confidently move spontaneously showing some control and co-ordination Move with confidence when e.g. walking, hopping, jumping, landing Confidently move with rhythm in the above actions Confidently demonstrate good balance, which comes from an increasing awareness, control and strength in the core when bending, stretching, twisting and turning Confidently move in time with music Confidently co-ordinate arm and leg actions e.g. march and clap Interacts confidently with a partner e.g. holding hands, swapping places, meeting and parting
Appreciate	<ul style="list-style-type: none"> Begin to use imagination in dance activities Begin to respond in a variety of ways through movement to a range of stimuli Begin to respond to own work and that of others when exploring ideas, feelings and preferences Begin to recognise that dance is an enjoyable activity Begin to recognise the changes in the body when dancing and how this can contribute to keeping healthy 	<ul style="list-style-type: none"> Use imagination in dance activities Respond in a variety of ways through movement to a range of stimuli Respond to own work and that of others when exploring ideas, feelings and preferences Recognise that dance is an enjoyable activity Recognise the changes in the body when dancing and how this can contribute to keeping healthy

Vocabulary	<ul style="list-style-type: none">• Movement, sequence, healthy, travel, forward, backwards, sideways, high, low, slowly, quickly, spontaneously, rhythm, meeting, parting, co-ordinate	<ul style="list-style-type: none">• Contribute, control, coordination, trust, stretch, turn, jump, solo, duet, confidently, stimuli
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