

OUTDOOR and ADVENTUROUS ACTIVITIES in KEY STAGE 2
Development of skills linked to the core assessment tasks

National Curriculum Statements of Attainment	Core Assessment Tasks:
Pupils should: <ul style="list-style-type: none"> engage in co-operative physical activities in a range of increasingly challenging situations enjoy communicating and collaborating with each other take part in outdoor and adventurous activity challenges both individually and within a team compare their performance with previous ones and demonstrate improvement to achieve their personal best 	Year 3 – Ship Wrecked Year 4 – Search and Rescue Year 5 – Crystal Star Challenge Year 6 – Orienteering against the clock

7-11 yrs	Year 3- Shipwrecked	Year 4 – Search and Rescue	Year 5- Crystal Star Challenge	Year 6 - Orienteering
Orientation	<ul style="list-style-type: none"> Identify where they are on simple maps and diagrams of familiar environments Use and begin to create simple maps and diagrams to follow a trail Begin to understand the scale of the place in relation to their paper when drawing a map. 	<ul style="list-style-type: none"> Recap previous learning and vocabulary Recap previous learning and vocabulary Orientate simple maps and plans Understand simple map symbols needed to plan a route Mark control points in correct position on their map or plan (e.g. where they find an object when following a photo trail) Find their way back to a base point 	<ul style="list-style-type: none"> Recap previous learning and vocabulary Orientate maps with 4 -6 check points Take part in team challenges to collect points Relate symbols on a map to features on the ground Play a symbol relay game to familiarise themselves with map symbols 	<ul style="list-style-type: none"> Recap previous learning and vocabulary Draw their own maps and plans and set trails for others to follow in familiar and unfamiliar surroundings Use the eight points of the compass to orientate themselves Be able to complete a course in an allotted time Recognise control points and what they are Be able to pace themselves throughout the task Begin to understand stamina, when to run, walk or jog
Communication	<ul style="list-style-type: none"> Begin to work and behave safely when working co-operatively with others Work with friends to plan and share ideas Comment on how they went about tackling a task 	<ul style="list-style-type: none"> Co-operate in a range of situation within a group to develop an ethos of being supportive Listen to each other's ideas when planning a task Change your ideas if they are not working Take responsibility for a role within the group 	<ul style="list-style-type: none"> Work increasingly well in pairs where roles and responsibilities are understood Change roles or ideas if they are not working Recognise own and others' feelings Recognise and talk about the dangers of tasks Recognise how to keep 	<ul style="list-style-type: none"> Together, plan and share roles within the group based on each other's strengths Work increasingly well in groups where roles and responsibilities are understood Change roles or ideas if they are not working Recognise own and others' feelings

		<ul style="list-style-type: none"> Recognise that some outdoor adventurous activities can be dangerous Follow rules to keep self and others safe 	<p>themselves and others safe</p>	<ul style="list-style-type: none"> Recognise and talk about the dangers of tasks Recognise how to keep themselves and others safe
Problem Solving	<ul style="list-style-type: none"> Discuss how to follow trails and solve problems Work with friends to select appropriate equipment for the task 	<ul style="list-style-type: none"> Select appropriate equipment/route/people to solve a problem successfully Choose effective strategies and change ideas if not working Work as a team to solve a challenge in a scenario 	<ul style="list-style-type: none"> Plan strategies to solve problems/plan routes/follow trails To begin to communicate well and listen to others' ideas To begin to understand risk assessment and how to stay safe 	<ul style="list-style-type: none"> Plan strategies to solve problems/plan routes/follow trails/build shelters etc. Implement and refine strategies Recognise what went well and why, what you would do differently next time
Vocabulary	<ul style="list-style-type: none"> Trail, solve, familiar, environment, maps, diagrams 	<ul style="list-style-type: none"> Route, strategy, scenario, orientate, orientation, symbols, co-operate, responsibility 	<ul style="list-style-type: none"> Assess, assessment, route, strategy, scenario, orientate, orientation, check point 	<ul style="list-style-type: none"> Implement, refine, stamina strategy, scenario, orientate, orientation, compass, control point, stamina, pace.